

# Weekly Grocery List

Strawberries

Blueberries

1 Bag Kale or Baby Spinach

1 Head of Cauliflower

2 Heads of Broccoli

2 White Onions

2 Yellow Squash

2 Zucchini

1 Bag Baby Carrots

Hummus

Boneless Skinless Chicken Breast

1 Lb 97% Lean Ground Beef

Mexican Blend Cheese

Italian Blend Cheese

Deli Meat

Bacon

1 Tub Vanilla Greek Yogurt

1 1/2 Dozen Eggs

Salsa

1 Loaf Honey Wheat Bread

Marinara Sauce

Whole Wheat Penne Pasta

Brown Rice

Granola with Nuts

Coffee